



APRIL 2017

GOING, GOING, GONE



Steven's sister Jill Heskett with Headteacher Jim Stephenson

A memorial tree to honour the life of Steven Long, a popular ex-student who sadly died whilst in his first year at John Spence twenty years ago, was scheduled to be destroyed as our old building was demolished.

Fortunately, following an approach from the school, our builders, Sir Robert McAlpine, offered to arrange for a specialist contractor to remove the tree and re-plant it elsewhere on the site. Their actions ensured that Steven's memorial remains as a lasting reminder of a much-loved youngster.

The tree is now in its new location and beginning to thrive again.

Although our new school building was handed over to us at the beginning of November last year, work on the school site is still far from complete. The last few months have seen the stripping and demolition of our old main school building, which is now completely razed to the ground, the next period will see site clearance work, followed by extensive landscaping and some further small-scale construction.

Whilst the demolition of the old building has brought some problems, notably some noise and a fair amount of dust, contractors have worked very hard to keep disruption to a minimum. Indeed it is remarkable how quickly and efficiently the work has been carried out.

The old site currently looks like a scale model of a rather bare mountain range, with huge piles of concrete and brick covering the area. This rubble should be removed by the end of the month, however, and work on the grounds will then begin.

The front of the site will see the construction of a floodlit MUGA (multi use games area) to the north and a full sized grass football pitch to the south. A new 120 capacity bike compound will be created in the space behind these sporting facilities and a bike maintenance building will be constructed alongside it to house and maintain the school's stock of mountain bikes.

Space has also been allocated for a new garden and greenhouse so that our work with student-gardeners can be reintroduced.

McAlpines are due to leave the site by the end of the first week in December, by which time the new and improved John Spence will be complete.

[Visit the school website to view a time-lapse video of the demolition!](#)



MY DYNAMIC EARTH



We went to My Dynamic Earth up in Edinburgh, Scotland. We arrived at school around 8am and left at quarter past. The bus arrived at My Dynamic Earth at 10 o'clock and we split off into three groups.

The group I was in went into a lift with the premise of time travel and learnt about how the Earth was created. As soon as we left the lift, we entered an earthquake room where we experienced a simulation of an earthquake. After a few minutes we went into an ice room. The room was cold and the ice was surprisingly realistic. Upon exiting, we entered a room where there was an animated character that we could ask questions of. Then we had a 4D ride throughout the world's many biomes, such as tundras and deciduous woodlands.

We learnt about rainforests and the many animals that live there. We then stopped for lunch at the canteen. Afterwards, we went into a workshop room where we used lego to create a mechanism for an earthquake proof building. We then had a quick visit to the gift shop before we left at half past two. We arrived back at John Spence for 5pm.

If I had to give any last words on the trip I would say that it is a definite recommendation for anyone thinking about going to My Dynamic Earth and it is a great visit.

Bruce Davidson 9JMe

DISCOVERING THE CIVIL SERVICE

As Year 9 pupils at John Spence Community High School were considering their GCSE option choices a fantastic opportunity arose for a group of eight high achieving students to attend an educational workshop with Newcastle Civil Service on the 10th March 2017.

"Discovering the Civil Service" is a national event to encourage young people to do just that. The workshop helped students better understand the role of the government and the work of Civil Servants as well as giving them an important insight in to the exciting and interesting apprenticeship schemes available at the Longbenton offices. The Civil Service are striving to recruit young, talented local people in the future and where better to start than with John Spence Community High School which is just full of those types of young people!



Students were involved in a range of interactive activities and presentations on offer, allowing them to develop and practise key employability skills such as team work, communication and problem solving.

As always, Robert Wilson did us proud, being one of the first to get involved by asking and answering questions and winning a range of sweet treats and stationery for his team. The rest of our students quickly followed suit, by identifying the key functions of the Civil Service and working cooperatively to lower a

rather long stick to the ground using only their fingertips and simple instructions. I am pleased to say John Spence, as always, nailed it and were the first group to achieve this goal.

The day ended in Newcastle with a goody bag and the knowledge of the excellent apprenticeship schemes available, which offer the opportunity to earn a real wage and guaranteed job security at the end.

TICE DESIGN



The latest stage of the TICE (This Is Creative Enterprise) Graphics Program, the Explore Stage, took place this month, with students from John Spence visiting the Design Department at Newcastle College, and the Northern Design Centre on the Baltic Quay to try their hands at Commercial Design.

These two day-long events saw students exploring the work of design consultancies, talking to design professionals and carrying out real-life commercial design tasks.

One of the tasks our students worked on was a branding project which required them to use Adobe Photoshop to re-design a piece of packaging, and then produce promotional material to match.



Students from across the region were involved in the TICE Graphics project. Some of them will now be selected to go through to the Create stage which will involve three days working on live design briefs before a final show at the Hancock Museum in Newcastle next term.

TICE
This is creative enterprise

TICE MUSIC

Three Year 9 students have been successful in making it to the 'Explore Stage' of the TICE Music Program.

As part of the program they spent a morning visiting 'Blast' recording studios at the Ouseburn, Newcastle. During this session, students were given a guided tour of the studio. It was an amazing experience to stand in the same space that has, in the past, housed musicians such as Take That and The Arctic Monkeys.

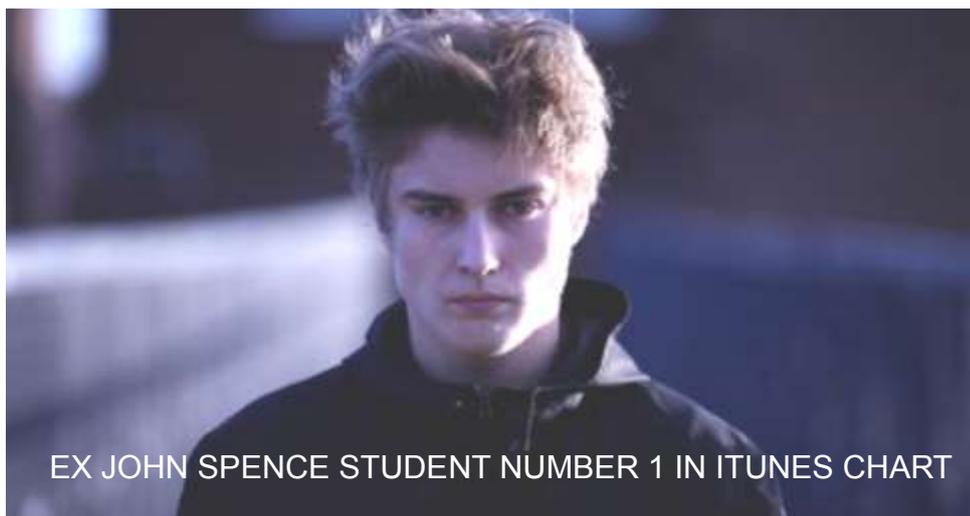
Students were given a chance to explore the facilities on offer in the studio, such as using a Digital Audio Workstation. One particular highlight was listening to a track that was recorded at the studio by local singer songwriter Sam Fender, who studied music with us at John Spence.

The afternoon saw the students make their way over the Millennium Bridge to the very prestigious Sage Gateshead. After a quick spot of lunch, they took part in a percussion workshop with Jazz Tutor, Roger Hempshall, who impressed with his technical skills. Students played in a variety of styles including Cuban, African and many others. Improvisation was a key element in this session and all students were actively involved in developing this crucial skill in musicianship.

The next session takes us to Newcastle College where they will collaborate with young musicians from other schools, composing their own songs, ready for the final in the summer term.



THE SOUND OF SUCCESS



It is always a pleasure to see our ex-students succeeding in their chosen careers after life at John Spence, so it's great to see that local singer songwriter Sam Fender is now making a national name for himself and seems set for future stardom.

Whilst at John Spence, Sam was always actively involved in extracurricular activities within Performing Arts, either on stage acting in Pantomimes or playing his guitar and singing in the 'X Factor' competitions, but music was always his passion. Sam's passion and commitment has now developed into a career, as stardom beckons for this extremely talented young man.

After many years of developing his craft at various buskers' sessions in and around the local area, Sam was spotted by Ben Howard's manager whilst performing at The Low Lights Tavern, in North Shields. From that day on, Sam has been supporting headlining musicians on tour around the country and playing at various Music festivals.

Last week, Sam's first single 'Play God' was played on Radio 1 and was then released for download on iTunes.

Within a few hours of its release 'Play God' was sitting at number 1 of the singer songwriter charts on iTunes.

Described as being 'hard hitting indie rock with social conscience' the track has already proved popular with many of our students whilst being played in their music lessons.

Sam studied GCSE Music at John Spence and achieved a very well deserved A* in his final exam. We are delighted with his progress as a student here and equally delighted to see that he looks set for success in his chosen field.

HOME SCHOOL LIAISON

Mrs Yvonne Lyster, who was our Home School Liaison Officer for 10 years, left us this term and has been replaced in that role by Mr Tony Lion.

Mr Lion taught for over thirty years in the West End of Newcastle and had responsibility as a Head of Year for over twenty of those years.

His teaching and Pastoral experience have provided Mr Lion with an excellent foundation for his new role, and he has already made a real impression since joining us earlier this term.

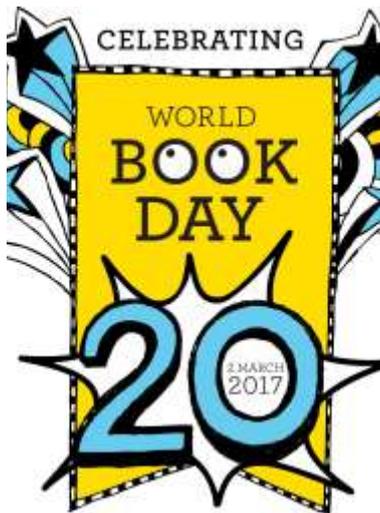
A message from Mr Lion:

Since starting at JSCHS it has been a pleasure for me to meet so many friendly students and parents/carers. I can honestly say I did not expect the type of welcome I have had and if I have not yet spoken to you I look forward to our first conversation. Please feel free to contact me at any time if you need any advice or think I can help you in any way.

Regards,

Tony Lion





To celebrate World Book Day students and staff were invited to join the student librarians for the great book bake off! Guests were invited to bring their bakes to the library during lunch time where they were enjoyed as part of a world book day tea party. The fact that not a crumb was left is testament to how much everyone enjoyed the event.



On Wednesday the 8th of March, as part of the World Book Day celebrations, the pupil librarians visited Gosforth Middle School to see the international bestselling author Michael Grant.

Fifteen eager students from John Spence were there to hear the author talk about his new series of books and give some inspiring anecdotes about life as an author. Students had the chance to meet and question the author, also receiving a free signed copy of one his books.

LIBRARY CLUBS

Two new clubs have been added to the already substantial list of extracurricular activities available in the library. The Journalism Club which is headed by student teacher Miss Nicholson, herself an experienced journalist, gives students the chance to learn how to become a top journalist, seeking out stories, interviewing people and writing breaking news stories. The club meets on Tuesday lunchtimes and students are very keen to benefit from Miss Nicholson's journalistic experience.

Another new club, 'The Writers Circle', meets every Monday evening after school and is a place where the budding JK Rowlings and Stephen Kings of the school can share ideas and critique each other's work. Mr Gibson, the librarian, helps to keep these future best-sellers on task with challenging assignments each week and the new club is proving popular.

CHESS CLUB

Chess Club is still proving to be very popular with our students and has seen a number of new members signing up to take part in the clubs own 'Golden Chessboard' tournament.

This term has also seen the Chess Club take part in the English Chess Federation Under-19 Chess Championship Regional Qualifiers at Yarm School. We were the only state school to reach this stage of the competition and our team put on a great show.

Although ultimately we did not progress to the finals, all those involved had a great time and played some really good chess.





The teaching of science has always been a major strength at John Spence. Our GCSE science results are always well above those achieved nationally, and our students always make more than expected progress in science subjects during their time here.

As one of the first secondary schools in the country, to achieve the Science Mark Gold Award, we are recognised nationally for the quality of our science provision.

It was British Science Week earlier this term, so we thought we'd share with you some of the science-related extra-curricular activities which our students routinely engage in. The next three pages therefore focus on 'Science at Spence'.

This term has been full of exciting science activities. STEM club has made a regular return with activities such as a neutralisation challenge, eyeball dissections and making ice cream and mayonnaise (we saw some quite mixed results with that and some interesting looking concoctions!)

By popular request we will see the return of 'I'm in STEM club, get me out of here!' after Easter on 27th April. Students with strong stomachs are invited to try the challenge which will involve trying some bizarre foods and testing their bravery with blindfolded searching through some pretty disgusting mixtures! Any KS3 pupils wanting to attend STEM club should see Mrs Owens in U13 for more details. The club runs for about 45 minutes on Thursdays after school.

STEM club and other Year 8 and Year 9 students also recently provided an activity afternoon at King Edwards Primary School for Year 3 pupils. This involved a circus of fun experiments including making fossils, testing porosity of rocks and using microscopes.

As always, King Edward pupils impressed us with their knowledge and enthusiasm for science and our students were amazing ambassadors for John Spence. They were responsible for small groups of Year 3 pupils on the day and really helped make the afternoon fun for the Year 3 pupils.

A massive thanks to the following for their help on the day: Josh Patterson, Josh Bullock, Lewis Atkins, Ben Clasper (Y8), Katie Mothersole, Chloe Diver, Megan Raine, Megan Stenhouse, Hannah Wall, Alex Moffat, Connor Dack, Shaun Jack, Joakim Puska, Aidan Rowan, Ollie Marshall, Leon Kilbane and Paul Hughes (Y9).



SCIENCE AMBASSADORS VISIT KING EDWARD PRIMARY

As part of Science Week, Mrs Mableson took a team of Year 10 Science Ambassadors to King Edward Primary School to deliver workshops to pupils in Year 4.

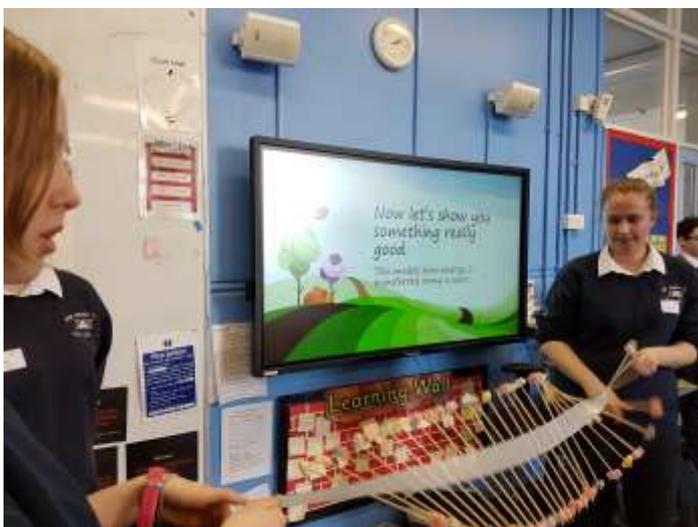
Physics was the theme of the week, so it was a good opportunity to talk about waves. Starting with waving to each other, the Primary School pupils explored what a wave actually is, continuing with a whole class Mexican wave. Links were made between the transfer of energy from one particle to the next, and the sounds we hear, see, and use to cook our food.

The class sessions finished off with a demonstration of the Jelly Baby wave machine.

Following this, our Year 10 ambassadors delivered an assembly to the whole of Key Stage 2 where they discussed science at John Spence. They talked about how many people opt to take Triple Science at GCSE, and how much they loved learning science in our new labs. They also encouraged the students to continually look at where science impacts on their own lives.

Top marks goes to our Science Ambassadors on the day. They were: Jack Mcleod, Eddie Marshall, Sam Carter, Kiera Johnson, Emma Hanson and Rhiannon Brady.

The Ambassadors were articulate, polite and proved themselves to be great presenters, managing the very difficult task of explaining very complex ideas in an understandable way at a level which matched the experience of their audience,



Ambassadors in Action



GIRLS IN STEM VISIT - SAGE GATESHEAD

To reward them for their continued effort and exceptional hard work, a number of Year 8 girls were selected to attend the Girls in STEM day run by Accenture at the Sage, Gateshead.

They started early, working on flight simulation training with the RAF, before moving into Hall One to hear the keynote speakers talk about the potential careers women have in STEM subjects.

The girls then moved into the Innovation Lounge to participate in a number of activities. These included 3D printing, using KNEX building systems to build a structure that would allow them to unlock a safe at a distance, and constructing electric cars to be driven by iPads.

There was also a huge roadshow where the girls were able to explore virtual reality headsets, try out electric cars and use bicycle power to make smoothies.

The day ended with a question and answers session, where a range of successful business women encouraged the girls to 'amplify themselves' to be heard in this world, which judging by the girls on the day, is something they have already perfected!

The girls were perfect ambassadors for John Spence on the day. They were Charlotte Bracken, Lucy Smith, Milly Bradley, Ellie Burkin, Aimee Bull, Megan Greef, Ellen Charters, Emma Johnson, Megan Richardson Kirkham, and Samantha Rowley.



SPENCE SCIENTISTS AT DURHAM UNIVERSITY



A big thank you to all the Year 9 students who attended the Durham University Science festival. The University staff members commented on how enthusiastic our students were during the sessions they attended; they were a real credit to the school. A big thanks also to Megan Dent for providing this summary of the events of the festival:

"On the 29th of March, twelve of us took a trip up to Durham University to take part in the 2017 Science Festival.

We took part in a total of four activities over the course of the morning. It started off with 'All the World's an Illusion', where we were split into pairs, one was the participant and the other the experimenter. The participant had to put on a pair of goggles that changed the way you see things, we were then asked to catch a ball to see whether we could get our brain to adapt to seeing things with the goggles on. Some of us also had a go at trying to copy a photo of a smiley face with an upside down viewing box. Most of them turned out well and as for others, not so good.

I enjoyed the activity because it gave you a better understanding as to where your hands were in comparison to where you were looking. It was hard at first because you couldn't see very well and you couldn't really tell where your hands were in relation to your body.

The second activity we did was 'Galaxy Maker', which was split into two parts, making a galaxy and an activity using an Oculus Rift.

When making the galaxy we had to measure out marbles that corresponded to a certain component on the sheet. For example you had to measure 173 million grams of dark matter. This process was repeated 3 times with different components such as young stars, old stars and gas and dust.

After we had finished making our galaxy we took a virtual reality tour of the inside of a galaxy using the Oculus Rift. During this experience you got to witness what a galaxy looked like when up close and what it was made of.

I really enjoyed these activities because it was really fascinating and intriguing to learn about what materials a galaxy was made of and roughly how much of that material it was made of.

The third activity we did was 'Archaeology in Action', where we got the chance to experience what it was like to be an archaeologist and how it worked. We split into pairs and each pair were given a bag that contained pottery that was covered in mud which we had to clean with a very technical tool called a toothbrush. Some of us were even lucky enough to get a few animal bones in the bag (me included!)

Finally we had a sports science activity, where we carried out some exercises with sports science students to test our lung capacity and core strength, the girls did much better than the boys!"

SPENCE SCIENTISTS AT NEWCASTLE UNIVERSITY

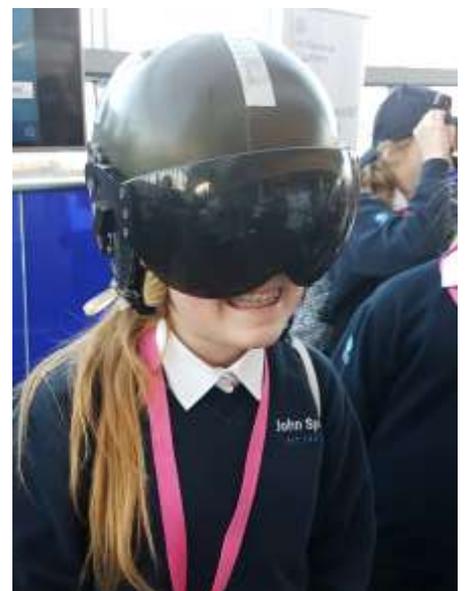
Six of our Year 9 students have been selected to participate in the Leading Edge research project in Sport and Exercise Science in conjunction with Newcastle University.

The project is about stroboscopic visual training and the research leader at Newcastle University, Dr Luke Wilkins, is conducting the research with NUFC and a range of elite athletes. The research involves our students designing the scientific research programme to provide evidence that the use of stroboscopic glasses can improve an athlete's performance. The programme will then be tested by Newcastle University students.

The theory is that the glasses improve focus, anticipation skills and reaction time. After trying out the glasses the students designed two programmes to scientifically test their use. The students will finish their research by Easter and will be invited to present their data and findings at Newcastle University in July.

Alongside this, the students have been attending communication seminars to develop their debating skills, considering topics such as animal testing, use of banned substances in sport, and genetic modification in food. The students have been impeccable throughout and have truly represented John Spence to the highest standard.

The students involved are : - Lauren Borthwick, Kate Metters, Olivia Maughan, Joe Welsh, Sean Wales and Alfie Davies.



FOOTBALL FOCUS

The Year 9 boys football team's fantastic run in the national ESFA cup sadly came to an end after a 3-1 defeat after extra time to St Francis Xavier's School, Liverpool. The quarter final game was played at John Spence and this was the furthest any boys' team had ever reached in this prestigious competition.

The team are going very strongly in all regional competitions and have made it into the county cup final for the third consecutive year. This will be played on Tuesday 3rd May at Cochrane Park and our opponents will be Prudhoe School. They are also unbeaten in all other competitions and are currently top of the league table but have a league cup semi-final still to play.

The boys should be extremely proud of their efforts and achievements so far this year and will hopefully add to the John Spence trophy cabinet before the season is over.

Year 7 Girls have also been in fine form at a recent 5-a-side competitions and were triumphant at the North Tyneside level 2 school games and won a bronze medal at the regional level 3 games, with Georgina Spraggon shining in both tournaments and netting herself an astonishing 50 goals!



The Year 9 girls recently won the North Tyneside and Newcastle 7-a-side central venue league held at John Spence; winning all 7 games and qualifying for the Northumberland section of this tournament. The finals for this event will also be held at John Spence this year for the first time. The date is set for Tuesday 25th April.

The Year 10 girls' great run in the county cup sadly came to an end after losing to Cramlington 6-4 in the semi-final. The game was a fantastic advert for girls' football with some truly skilled players on show. All of the team are part of the Year 11 A and B teams that will play in the Northumberland 7-a-side tournament later this month.



FOOTBALL FOCUS

In their final year at John Spence the Year 11 girls have done what has come naturally to them since Year 7, almost 5 years ago. Win! Both A and B teams (made up of Year 10 girls also) have qualified for the Northumberland section of the 7-a-side tournament having finished in first and second place in the North Tyneside and Newcastle Central Venue League held at John Spence. The final will be held on the same night as the Year 9 tournament, Tuesday 25th May at John Spence.

I would like to thank Shelly Brogden, Jessica McVay and Orla McCallion for representing the school with such pride in each and every competition they attended, winning many trophies, awards and making memories that will last for a lifetime. This was topped by representing Newcastle United twice at the prestigious Premier League schools tournament and being able to play on two famous premier league football grounds; - Anfield the home of Liverpool FC and The Etihad Stadium, home of Manchester City. Good luck girls with your sporting futures

John Spence student Jessica Brown has been selected to play for ESFA (English School Football Association) U15 team. Jess, thirteen, is the only Northumberland schools' girl to be selected for the squad. Jess has travelled to Portugal and Ireland to compete for the team and has scored four goals in the two matches. As well as representing North Tyneside Schools' Jess also represents Sunderland U14 girl's football team.

CRICKET CATCHUP

Nearly 30 girls from Year 8, 9 and 10 have already enjoyed playing competitive cricket this year, even before we have started the summer season. Northumberland Cricket Board have organised competitions for Under 13 and Under 15 age categories as part of the Lady Taverners' indoor series.

In the Under 13 competition the girls came up against opposition from Kings, Marden Bridge, St Thomas More, Valley Gardens and George Stephenson. Having little prior experience of competitive cricket, the girls played really well making fantastic progress throughout the day. They finished the day off with a tremendous batting performance to seal a convincing win over George Stephenson.

In the Under 15 competition we were able to field an A and B team in the local competition. Both teams were successful in winning games throughout the day and the A team remained unbeaten fending off opposition from; St Mary's, St Thomas More, Churchill and Whitley Bay.

This meant they qualified to progress into the county competition to represent North Tyneside. The girls displayed some great team work and skill to reach the semi-finals to take on Ponteland High. It was a close game and the girls demonstrated nerves of steel to win by one run in the last over of the game. In the final they faced Queen Elizabeth High School who started strongly, taking 3 early wickets. However, the girls still managed to score a respectable 86 runs to keep the pressure on their opposition. They kept it tight in the field and it was only in the last over of the game that Queen Elizabeth took the lead to become county champions.

After Easter there will be opportunities for the girls to take part in cricket during extra-curricular sessions and lessons. There are more competitions for both age groups and we look forward to further success.



NETBALL NEWS

The Year 7 netball team have had an excellent season so far finishing joint winners in U12 North Tyneside netball league, finishing second at the North Tyneside netball tournament and third at the Tri area netball tournament (schools from around North Tyneside, Newcastle and Gateshead). The girls have played some excellent netball throughout the year and have developed their skills through hard work and training.

The Year 8 netball team have had a brilliant season winning the Tri Area Netball tournament (schools from around North Tyneside, Newcastle and Gateshead) and the U13 North Tyneside netball tournament and league.

The girls have worked incredibly hard this season dedicating their own time to train on Friday after school. They have played over 30 matches this season against schools across Tyne and Wear and have only lost one match this season. The girls should be incredibly proud of the way they have performed this season and should be proud to finish the season as North Tyneside U13 champions and Tri Area champions.

There has also been further success for the year 9 and 10 netball teams who both finished runners up in the North Tyneside Netball tournament respectively. Overall it has been a brilliant season for the netball teams at John Spence and all students across the year groups should be extremely proud of their achievements this season.



Year 7 Team



Year 8 Team



Year 9 Team



Year 10 Team

RUGBY ROUNDUP

Over the past half term, a number of students from Year 7 through to Year 11 have taken part in a Sport England initiative to increase the participation in girls' rugby across the North East.

The girls have been lucky enough to work with coaches from Newcastle Thunder, Newcastle Falcons and the RFU to develop their rugby skills during PE lessons.

The Year 11 team took part in their first rugby competition in February at Kingston Park and displayed outstanding skills and attitude. The girls thoroughly enjoyed their afternoon at the prestigious ground and must be congratulated on their efforts.



The Year 8 and 10 girls have also had excellent campaigns, narrowly missing out on qualifying for the regional round of the Champion School Competition.

The Year 7s have worked particularly hard this term developing their rugby skills during PE lessons and extracurricular activities and have made excellent progress. During the local round of the U12 Champions School Competition, the girls fought particularly hard to record results against strong opposition including Seaton Sluice and Whytrigg. The girls finished runners up the competition on points difference. The team will now represent North Tyneside in the regional round of the competition where they will compete against the best schools from South of the Tyne. Can they overcome some strong opposition to reach the National Finals in May? Good Luck to the girls in the next round!



ON YOUR BIKE



This year The Big Pedal ran for two weeks: 20 March to 31 March, as a school we registered for the two-week challenge.

The Big Pedal is the UK's largest inter-school cycling and scootering challenge. It inspires pupils, staff and parents to choose two wheels for their journey to school.

On each day of the Big Pedal challenge, schools compete to see who can record the greatest number of pupils, staff and parents cycling or scootering to school. Schools log their journeys on the Big Pedal website and are given a daily score to help mark their progress.

During the Big Pedal schools recorded 1,044,962 million journeys by bike and scooter in just two weeks. In total 1693 schools had registered with 540,788 students taking part. John Spence averaged, over the two weeks, 93 cyclists and 12 scooterists per day. I think this is a fantastic effort from the students and highlights the strong cycling ethos we have at school.

Cycling has now become a popular choice throughout the option routes in Key Stage 4 PE and we are eagerly waiting to see the new bike maintenance workshop being built as part of the new school transition.

Overall, after the two week challenge we came in 15th position for all secondary schools in the country. A tremendous achievement by everyone. Well Done!

BIKEABILITY LEVEL 3 WITH YEARS 7 & 8

Last week, 32 of our students from Years 7 and 8 participated in the Bikeability Level 3 cycling award. The programme was delivered by our two friendly instructors Paul McLelland and Leigh Patterson.

Bikeability is a National Standard On-road Skills Course. Students were shown how to ride their bikes safely on multi-lane roads and taught how to negotiate complex junctions in and around the North Shields area. On completion, each student was awarded with a certificate and for those who successfully demonstrated competency in all the outcomes also received a badge.

The Bikeability programme will be back after the Easter holidays for any Year 7 and 8 students who wish to take part.



STOP PRESS!...STOP PRESS!...STOP PRESS!...STOP PRESS!



Cup Glory for Year Nine Tyneside Senior Schools Cup Under 14 Final

John Spence 4 Prudhoe 2

Our school hosted three different cup finals this week. The touchlines were full and it was a splendid occasion.

Prudhoe netted but Spence quickly settled and Spraggon responded. Only two minutes were on the clock. Prudhoe scored again then Spence roared back. The equaliser came when Sherriff showed composure to finish powerfully.

It was two all at half time, but eventually, John Spence managed to get a deserved third: Lane nicked the ball and tapped it in. The Cup was won when Hearn lashed home a fourth.

Top revision tips

1

Start as early as you can

Cramming at the last minute is stressful and has limited success.



2

Make a plan

Work out how much time you have and how long you can spend on each subject.



3

Create a suitable space

Find a quiet spot away from distractions and keep your things all in one place.



4

Use methods best for you

Choose the most appropriate revision methods and try to use a mixture for best results.



5

Take regular breaks

It is possible to work too hard! Your brain needs a rest to help it process information.



6

Revise with a friend

Talking through what you've learned can help information stick.



7

Use past papers

These are a great way of getting used to the exam format and testing what you've learned.



8

Eat healthily

Certain foods boost your brainpower and will make you remember more.



RETURN TO SCHOOL

STUDENTS
RETURN TO
SCHOOL ON
MONDAY 24TH
APRIL
2017

PLEASE REMEMBER THAT IT IS IMPORTANT THAT ALL STUDENTS ATTEND REGULARLY AND ON TIME THROUGHOUT THE YEAR.

ATTENDANCE
MATTERS!

John Spence
COMMUNITY HIGH SCHOOL

A SPECIAL PLEA TO ALL

PARENTS/CARERS OF YEAR 11 STUDENTS

When Year 11 students return to school on Monday 24th April there will be only **2** teaching days left before some of them sit their first GCSE exam on **26th April!** Further exams follow, and by **22nd May** **ALL students** will have sat their first GCSE exam, and the exam season will be in full flow.

We all know that achieving exam success at this stage in a young person's life is vitally important. Doors to Further and Higher Education, or to the world of work, open with the right results: they can also close without them.

Your son or daughter will be coming home from school at the end of this term with lots of homework to do and masses of revision to be planned and undertaken.

Please do all that you can to encourage your child to use their time over the Easter break wisely. Please encourage them do their homework regularly and thoroughly, complete any outstanding coursework to a high standard and do some serious, planned revision so that they achieve the best examination results they possibly can.

19 teaching days to go! (at most)

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Ofsted
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